

## **Strawberry Frozen Yogurt**

**1 cup of frozen strawberries**

**1/4 cup greek yogurt (vanilla, strawberry, coconut, flavor of choice)**

**1 tablespoon of honey**

**1/4-1/2 teaspoon of lemon juice (optional)**

**1/4 cup of water/milk/cream (optional: if strawberries are too chunky)**

**Blend strawberries then add other ingredients and blend together until smooth).**

Recipe provided by Chef Andie

